



OT Referral Guide

Mobile occupational therapy for NDIS participants
For support coordinators, LACs, plan managers and families

No waitlist

Booked once referral and funding are confirmed

We come to you

Home, work or community

NDIS-ready

Reports linked to plan goals

2 weeks

Usual report turnaround (max 6 weeks)

Our NDIS occupational therapy services

Service	More info
Functional capacity assessment (FCA) Access requests, plan reassessments and change of circumstances.	View service
Self-funded FCA for NDIS access For people applying for the NDIS who need evidence of functional impact.	View service
Home and living assessment Evidence for SIL, ILO and SDA requests, quoted individually.	View service
Assistive technology assessment Assessment, trial and prescription of low, mid and high-cost AT, from shower chairs to power wheelchairs.	View service
Home modification assessment Rails, ramps, step-free showers and complex modifications, with an NDIS-ready report.	View service
Sensory assessment A sensory profile and practical plan for daily life.	View service
Adult OT therapy Personal care, home tasks, routines, fatigue, community access and work.	View service

When to refer for an FCA

- **New funding:** NDIS access requests or requests for new supports
- **Plan reassessment:** showing current function and support needs
- **Change of circumstances:** hospital discharge, decline or a change at home
- **Home and living:** evidence for SIL, ILO or SDA (quoted separately)
- **Equipment and modifications:** alongside AT or home modification assessments
- **Before a deadline:** no waitlist, so we can report ahead of reassessment dates

FCAs at a glance

Assessment	About 5 hours over 2 to 3 home visits: interview, everyday tasks and standardised tools
Report	NDIS-ready, usually 25 to 30 pages, linking functional needs to clear recommendations. About 5 to 10 hours
Total	10 to 15 hours , about \$1,940 to \$2,910 plus travel at the NDIS OT price limit (\$193.99/hr, 2026–27)
Turnaround	Booked straight away. Report usually within 2 weeks of the final visit, always within 6 weeks

Quote first, and no surprises on complex cases. You get a written estimate before we start. If the assessment turns out to be more complex than expected, we contact you with a revised quote **before** using any extra hours, so the participant's budget is protected.

Where we visit: regular therapy across the north-east, east and inner suburbs, extending into the south-east (Clayton and Dandenong). FCAs across wider Melbourne. Plan and self-managed NDIS only.

REFER ONLINE (SELECT OT)
exercare.com.au/form-ndis.html

CALL
0413 827 232

EMAIL
admin@exercare.com.au